

MASC NEWS

SEPT 09



MASC Executive Committee: Zachary Keller(VP), Cari Browne(Sec.), Ian Goedfry (CC), Gabby Mendes(CC) and Kristen Emmons(Pres)

Meet your Minnesota Association of Student Council Executive Committee

The 2009 - 2010 MASC Executive Committee members are Zachary Keller, Vice President, Medford High School; Cari Browne, Secretary, Orono High School; Ian Goedfry, Convention Coordinator, Grand Rapids High School; Gabby Menges, Convention Coordinator, Grand Rapids High School and Kristen Emmons, President, Mounds View High School. The MASC Executive Committee will be meeting for the first time since the NASC conference on September 20 and 21st, when they will be visiting Grand Rapids High School, site for the 2010 MASC State Convention. Get to know them better in the next newsletter.

New Fundraising Program

Is your school looking for a fundraising program that offers high quality, durable and useful products? A FUN and FUNdraising product, that people actually want and need everyday? Nordic Ware is a family-owned Minnesota, **American** manufacturer of about 400 quality kitchenware products. Founded in 1946, the company has gained international recognition for its innovative cookware, bakeware,

barbecue and microwave products, ranging from everyday essentials to gourmet.

In 2008, Nordic Ware introduced *Special Events Fundraising Programs*, offering a variety of simple and successful fundraising programs to help your school, raise funds for your significant purpose.

For more information go to:
www.nordicware.com/fundraising

In this issue:

NASC 2009 - Denver, Colorado	2
Pep-fest ideas	2
Pam Olson honored at NASC	3
Walk To End Hunger	3

Fall Leadership Training Opportunities

2009

MARK YOUR CALENDARS NOW - more information coming to you soon!
Middle Level Fall Conference -November 12 and 13 at Arrowwood Resort in Alexandria. Keith Hawkins will be the leadership consultant for this workshop. Great opportunity for improving leadership skills, networking with others and getting great ideas.
Presidents' Forum & Officer Training and Advisors' Workshop - November 16 at Arrowwood Resort in Alexandria. Great training opportunity for your Student Council and NHS President and Officers. Joe Cavanaugh will be working with the student leaders and Karen Dawson will be spending the day with the advisors. David Cordts or Elancia Felder from the National NHS Office will be meeting with the NHS Advisors.

Pep-fest ideas:

Here are some new activities to add to your pep-fest fun!

1. Marshmallow Slurp - Up

Participants: individuals
Materials: large marshmallows, shoe string red licorice. Prep for the activity by threading marshmallows onto a sting of licorice.

Instructions – give each contestant a string of licorice. Have them put the tip of the licorice in their mouth, marshmallow hanging down. Then have them place their hands behind their back and begin, eating, slurping, twisting the licorice. They must eat the licorice and marshmallow completely to win. If the marshmallow drops they are out.

2. Messy Musical Chairs

Participants – (8 – 10 students) Boy and girl from each class
Materials – paper plates, 2 Redi-Whip cream cans, 8 chairs, 8 blindfolds, 8 large trash bags, tarps for floor and music

Instructions – a new twist on an old favorite. Place the chairs around in a circle as normal. Have the students wear trash bags on them like a skirt, and place blindfolds on as they stand around the circle. One facilitator stands in the middle of the circled chairs with a plate filled with whip cream. When the music starts, students walk cautiously around the chairs, using their hands to guide them. When the music stops, the facilitator places the plate underneath one person. The one to sit and splat is out. No need to take out chairs, continue until you have a winner.

3. Bucket catch

Participants – (8 – 10 students) Boy and girl from each class, plus staff
Materials –5 buckets (KFC or plastic beach pails), 5 badminton rackets, a bag of large marshmallows or other light objects

Instructions – one person holds the bucket on their head with both of their hands. The partners move the designated space apart. Each person with the badminton racket is given a variety of items to hit to their partner(5 marshmallows). When start is called they hit, using the racket the items to their partner, who must catch in the bucket the items being launched. The bucket may not leave the top of their head. The team who catches the most items wins. If the bucket leaves the top of their head, they are disqualified.



NASC 2009 Delegation to Leadership with an Altitude!

Seventy Minnesota student council members and advisors headed to Denver, Colorado for the 73rd NASC Conference. Highlands Ranch High School was the host of the leadership event. Students and advisors were treated to the opening session of the "Leadership with an Altitude Conference" by student co-chairs Hayley McEhinney and Annie McGrath and keynote speaker Cleo Parker Robinson. The four day conference provided great opportunities for improving leadership skills, networking, gathering great ideas and making new friends. NASC delegates heard from Alvin Law, Lloyd Lewan and Jonathan Sprinkles during general sessions. They had the opportunity to attend four student led workshops while at NASC. The advisors had a chance to learn from other advisors during special sessions and a round table sharing. One day was spent at the University of Boulder participating in speaker showcase, leadership panels and the Recycling X-Games. Those in attendance returned to Minnesota with many great ideas and fond memories!

Make plans now to join us for the 74th NASC conference at Center Grove High School in Indianapolis, Indiana.

Start The Engines of Leadership

June 26 - 29th, 2010

The Minnesota Association of Student Councils will be sending a delegation to Indiana. More information about the conference and pricing will be available January. But it's never too soon to start fundraising.



**Pam Olson recognized
as 2009 Region IV
Warren E. Shull Award
Winner.**

Pam, Minneapolis Citywide Student Council advisor, was awarded the Warren E. Shull Award in Denver, Colorado. Ms. Olson was recognized at the 2009 MASC State Convention and then selected as the Region IV winner later in the spring.

CONGRATULATIONS Pam!

Coronation Ideas

**Different ways to
announce your royalty
winners.**

1. Bubbles

Each candidate is given a little bottle of liquid bubbles. At the given time, (drum roll, etc) all the candidates take out the bubble wand and blow. Only the 2 winning candidates have bubble mix in the bottles. The others have water.

2. Locked boxes , lockers or safes.

There is a locked box or safe placed in front of each of the candidates. They are given a key or combination. Locked inside the box,locker or safe is the crown for the winners.

3. Glow in the Dark pour

Using Luminol - give each candidate a beaker of solution, (the winners contain luminol) and a test tube of a liquid solution(hydrogen peroxide and a hydroxide salt). When poured into the beaker, the winners will glow blue. Visit with the science department for more ideas.

4. Jack in the Box toys

Each candidate is given a Jack in the Box toy. At the given time, all wind the Jack in the box, the winners pop open at then end of the song. The others are disarmed to not open.

**GIVE BACK
BEFORE GIVING THANKS**

**WALK
TO END
HUNGER**



PRESENTED BY



**THANKSGIVING MORNING
THURSDAY, NOVEMBER 26, 2009**

7:00 to 10:00 a.m.
Mall of America® Best Buy® Rotunda

Visit www.walktoendhunger.org to register and for more information