



BACK - TO - SCHOOL MASC REPORT

1667 Snelling Ave North
St. Paul, MN 55108



Volume 1, Issue 1
October, 2011

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Did you know?

- *The Minnesota State Muffin is the Blueberry Muffin*
- *Minneapolis has more golfers per capita than any other city in the country.*
- *Minnesota has one recreational boat per every six people, more than any other state.*

We're Back!

Welcome back to school everyone! I am thrilled to be writing the very first MASC newsletter of my career. It's lucky there is so much to write about: from reports about the Star Leaders National Student Conference in St. Louis, to some great ideas to kick off your school year in fashion!

I also will introduce the new members of the MASC Executive Council with a highlight on what they're excited for this upcoming year.

The 2011-2012 school year is gearing up to be a great one and MASC is here to help!

Be sure to write in throughout the year with fun, and creative ways that your council is inspiring your school and community so that you too can be featured in the newsletter.

On behalf of the Minnesota Association of Student Councils, I would like to say "Welcome Back to School, Everyone!"

- Sophia Sodhi,
MASC Vice President



Star Leaders National Student Conference St. Louis, Missouri 2011

For 42 Minnesotans, the first ever Star Leaders National Student Conference was an experience they will never forget.

The thrilling city of St. Louis offered close to a thousand students the opportunity to expand their national and international network and gain invaluable personal skills.

Each day students were energized by Indiana's own Ted Wiese. Ted sent us home remembering our purpose to serve our schools and communities.

Star of hit YouTube video "Evolution of Dance", Judson Laipply, also spoke, tickling our funny bone with his

refreshingly hilarious spin on an inspirational message that the world is a changing place, and even if you do it slowly, you must adapt. By the end of the evening, he had us laughing over ketchup, and also instructed the Star Leaders in four minutes of his hit routine!

Thank you, St. Louis!

Meet your Executive Committee

"I'm a big believer in doing your best in everything you do and staying active..."



Back row: Sophia Sodhi, Trisha DeWeerd, Kirk Busche. Front Row: Courtney Stevens, Nick Neuman, and Megan Klapperich

Nick Neuman, MASC President

Hello Minnesota! I am Nick Neuman and I am excited to serve as your M.A.S.C. President for 2011-2012. I am honored to have been given this opportunity and I am excited to work with new people and ideas from across the entire state! I'm a very active senior at Albany High School. In addition to Student Council, I am involved in football, baseball, National Honors Society, Knowledge Bowl, Math Team, Captains and Leaders, Letter Club, Envirothon, a CPR training team, and a peer tutoring program. In the little spare time that I do have, I like to go fishing, hunting, and biking. I'm a big believer in doing your best in everything you do and staying active whether it is in school or out of school - or both! You only go through school once, so make the most of it! This past summer, an amazing delegation from Minnesota attended the 2011 STAR Leaders Conference in St. Louis, MO. All of us were energized with new ideas and enthusiasm for our councils. We hope that you can join us next spring for the 2012 State Convention at Rochester Century High School - it will be great!!!

Sophia Sodhi, Vice President



Nick Neuman, President



Megan Klapperich, Secretary



Sophia Sodhi, Vice President

Hello, my name is Sophia Sodhi and I am your State Student Council Vice President. If my name sounds familiar to you, it is because this is my second year serving on the MASC executive committee. I cannot wait to begin this process again and hope that this year will be even more successful than the last.

I am a senior at Orono High School and outside of student council I am very active in various academic organizations. I also play tennis avidly and have the honor of being the captain of the track team for a second year.

MASC has become a home for me and these newsletters will be the perfect way for me to share what we're doing across the state!

Megan Klapperich, Secretary

Hello everyone!! My name is Megan Klapperich and I am so happy that I was given the opportunity to represent all of you this upcoming year! I will be serving as your 2011-2012 MASC Secretary. I want to start off by saying how excited I am to begin planning the state convention, work with the other executive members (Nick and Sophia and our Co-coordinators!!), and most off getting to know all of you!!

I come from a very small town and a small school located in Medford Minnesota, where I will be a senior this year. I am very active outdoors and within my school. I am captain of the cross country and track team, I serve as a member in FFA, BPA (Business Professionals of America), SADD (Students Against Destructive Decisions), Band/Choir and musicals, Big Brothers Big Sisters, and of course Student Council. I am fortunate enough to be serving on not only the state executive board, but also my division board (SED—Southeast division). Hopefully with all of my leadership roles, I will be able to help create a memorable year for the state of Minnesota! I am so excited to see what this year brings! Minnesota Holla!

Trisha DeWeerd, Co-Coordinator

I'm Trisha DeWeerd and I am a state co-coordinator from Century High School. As well as being involved in student government I also participate in a variety of other school sponsored activities. These include Debate, National Honor Society, Concert Choir, and Youth in Government, both Model Assembly and Model United Nations. Outside of school I babysit, take dance

classes, ballet and lyrical, as well as teaching Sunday School at my church. This year I am really looking forward to planning the State Convention! I know that it will be a great time and that the executive committee will have a lot of fun together planning!



Trisha DeWeerd, Coordinator

*Minnesota Inventions:
Masking and Scotch tape,
Wheaties cereal, Bisquick, the
bundt pan, Aveda beauty prod-
ucts, and Green Giant
vegetables*

Kirk Busche, Co-Coordinator

So, I don't know how to start this exactly, but here goes nothing. I'm Kirk Busche, and I'm one of the three co-coordinators for this year's state convention. An easy way to remember me is to remember Captain Kirk from Star Trek, as we share rugged good lucks and charm, uncanny wit and

intelligence, and matching uniforms, which on occasion cause riots among the Trekkies. This could lead to massive confusion as you may expect me to arrive, as the cliché goes, in style by piloting the Starship Enterprise, yet, sadly this won't be the case (I haven't passed the pilot's test yet). However, I will gladly respond to "Captain", "Captain Kirk", or, if you must, "Kirk". For

recreation, when I'm not saving the galaxy from invading Klingons, I embark on cross country running treks—yes, this means I, in fact, derive some strange pleasure from running; build ludicrous contraptions for global domination, in the form of Science Olympiad; train for the biathlon (I have yet to start the shooting part); partake in the ultimate sport—Ultimate Frisbee; and en-

sure the trials and tribulations of playing trombone. Live long and prosper.



Kirk Busche, Coordinator

"Live long and prosper."

Courtney Stevens, Co-Coordinator

Hi there! My name is Courtney Stevens and I am one of the Co-coordinators for the State Convention being hosted, as you know, at my home school of Century!! I am super excited for the fantastic time we'll all get to have when the convention rolls around in April!!! But a

little about me: I am not native to Minnesota... I was born in Utah and moved here when I was nine and now love living in Rochester. I love to run and am a captain on the girl's cross country team at my school. I love english and music—two favorite subjects definitely. Some of my hobbies are playing the clarinet, eating cheese-cake, sewing skirts, and read-

ing books. And I LOVE Disney movies!! I just can not get enough! This is the first time I've been on a giant leadership board like the MASC Executive Committee, though I do have other leadership experiences, like serving as secretary for the National Honor Society and being Class Vice President in Century's student government for 3 years. So, once

again, I am sooo pumped for this year's convention and I can't wait to get to meet so many of you!!



Courtney Stevens, Coordinator

St. Louis Archway



Star Leaders Conference : *What We Thought* St. Louis, Missouri 2011

The people I met are incredible and the student workshops have inspired me to make a difference in the world. One thing that I will take back to my council is HERO. HERO stands for Helping Everyone Reach Out. By making a difference in their lives, they will make a difference in others.

- Kelly Nadeau, Tartan

The Star Leaders conference was absolutely amazing! I met so many interesting and fun people from across the country. St. Louis was a beautiful city, and we enjoyed exploring everything it had to offer. I feel honored to have been given the opportunity to represent the great state of Minnesota. Holla!

- Gretchen Fernholz,
Lac Qui Parle Valley

Truly, Nationals was an excellent experience and I recommend that everyone who can go, should.

- Ishpreet Singh,
Century High School



Kelly, Gretchen, and Ishpreet on the bus ride home.

St. Louis Zoo



200 students
attended the MASC
Summer Leadership
Academy

Summer Leadership Academy: St. Cloud, MN

This summer marked the first ever MASC Summer Leadership Academy in St. Cloud Minnesota!

Advisors and leaders from across the great state of Minnesota led workshops so some 200 students in attendance.

This unique conference focused on many styles of leadership training from activities designed to increase school spirit to help on making ethical decisions as a leader.

That evening at the Holiday in Express, stu-

dents met and broke the ice with numerous games including a game where you try to assemble different groups from stacks of cards! And the night was capped off with a sweet ice cream sundae bar.

Presenters headlined the next day with workshops about ethical decision making, sportsmanship, and goal setting.

Even our very own Ann Postlewaite, Director of Student Leadership, facilitated activities such as the giant balloon game that was played on the

recreation center volleyball courts.

The learning was great, the company even better. The multitude of students in attendance represented every corner of Minnesota; they shared ideas about activities from their home schools and everyone walked away with a new activity to try out. Do you do a blood drive? How about a themed homecoming?

We can't wait for next year's Academy!

Balloon Game



Idea Share



Balloon Game



Getting Technical: Ways Social Media Can HELP Spread the Word!

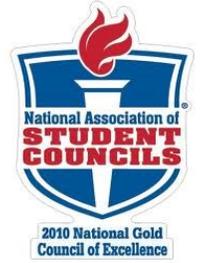
Nowadays it's difficult to catch the attention of our peers in the building. Check out these NASC approved ways to branch out via social media!

SchoolTube/YouTube—

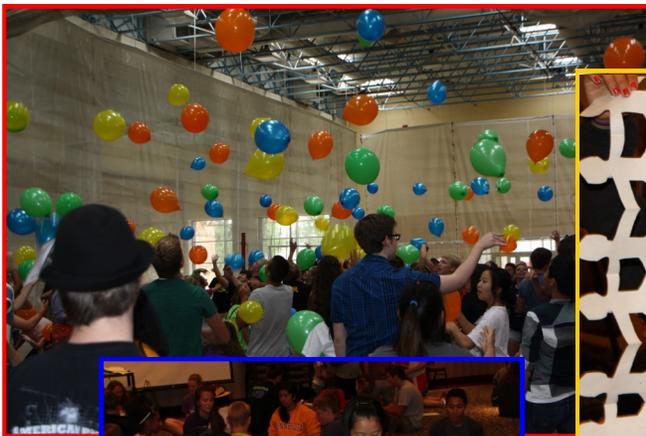
If your school doesn't have access to YouTube, try SchoolTube! It is a video sharing site specifically for students and teachers. A great way to create excitement around an upcoming activity is to show pictures from last years same event!

Twitter—

Having trouble organizing committee or class meetings? Creating a twitter account is a quick and easy solution. First, set up the twitter account (ex. "studcoadvisor12"). Then, have your student council text the words "Follow (ex. studcoadvisor12)" to the number 40404. They will instantly receive texts about anything you tweet!



Is there a special way your school's organizations communicate that really works? Send us tips or other ideas on how you've used social media!



Summer Leadership Academy: (top left) Balloon game, (center) teambuilding by paper cutouts, (top right) Ann Postlewaite Director of Student Leadership giving instructions, (bottom left and right) tennis ball toss game

RECIPE FOR AWESOME

Do you suffer from lunchtime blues? Unfortunately, students all across America share your pain! Beat lunchroom boredom with this fun recipe that takes little time and costs even less!

Ingredients:

Mayonnaise
1 Small square of focaccia bread or a croissant
4 slices cooked chicken breast (leftovers of mom's cooking?)
Tomato slices
Romaine leaves
Shredded cheddar cheese

1. Spread mayonnaise on bread or croissant.
2. Decorate bread with the rest of the ingredients. Serve cold.

The recipe was added to the newsletter as a request; email the MASC office and your suggestion can be used too!

Contact Information

Check us out on our website!

www.massp.org

(and click on the MASC tab!)

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Sophia Sodhi

Vice President - Newsletter

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Teens Kickin' It: Childhood Diseases

MASC State Service Project 2011-2012

As you all know, our roles in student council are also very centered around the service projects we conduct in our communities. In conjunction with the Rochester State Convention theme "Prescription for Success," the executive committee would like to officially invite you to join in action this year's state service project, "Teens Kickin' Childhood Diseases."

There are numerous ways to get involved with this prompt; some of the organizations we highly encourage to look into are "Pennies for Patients," "The Ronald McDonald House," and "Children's Lighthouse of Minnesota."

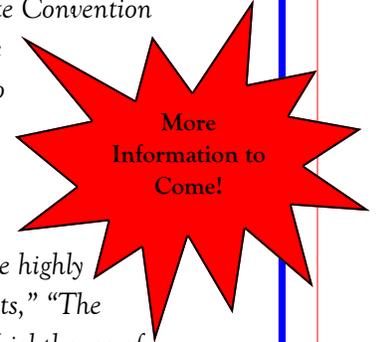
If you already have a yearly project that your school or division does that can tie in to this prompt, feel free to use that as your addition to our state wide initiative!

Contact Ann Postlewaite or Sophia Sodhi for more information on service opportunities and links!

Pennies for Patients - penniesforpatients.org



Children's
Lighthouse
OF MINNESOTA



Upcoming Conferences to Keep in Mind:

LEAD

Albuquerque, New Mexico November 11-13

Washington, D.C. February 3-5

Chicago, Illinois February 17-19

President's Forum

Arrowood, Minnesota

November 14, 2011

Check out the MASC
website to register
your school!