

October 2009

MIASC NEWSLETTER



2009-2010 MIASC EXECUTIVE COMMITTEE

Left-Right: Zach Keller (Vice-President), Gabby Menges (Convention Co-Coordinator), Kristen Emmons (President), Cari Browne (Secretary), & Ian Godfrey (Convention Co-Coordinator)

Hello everyone! My name is Zach Keller, your 2009-2010 MASC Vice-President, and welcome to the first newsletter of the year. Your executive committee has already started planning this year's state convention in Grand Rapids, Minnesota. It will be an unforgettable conference filled with many awesome games and activities. Also included in this issue is a list of important dates, some information on your executive committee, a state convention update and much more!

Important Dates

November 15th, 2009

Division President's Meeting at Arrowwood

November 16th, 2009

Presidents' Forum/
Advisors' Workshop at Arrowwood

February 5th-7th

LEAD Conference in Washington D.C.

February 19th-21st

LEAD Conference in Chicago, IL

March 19th, 2010

State Officer nominations due in MASC office

March 19th-21st

LEAD Conference in Phoenix, Arizona

April 10th-12th, 2010

MASC State Convention at Grand Rapids High School

June 26th-29th, 2010

NASC Conference in Indianapolis, Indiana

Get to Know Your 2009-2010 MASC Executive Committee

SNOW WEEK

Try out these festive
Snow Week ideas

Frozen T-Shirt Game

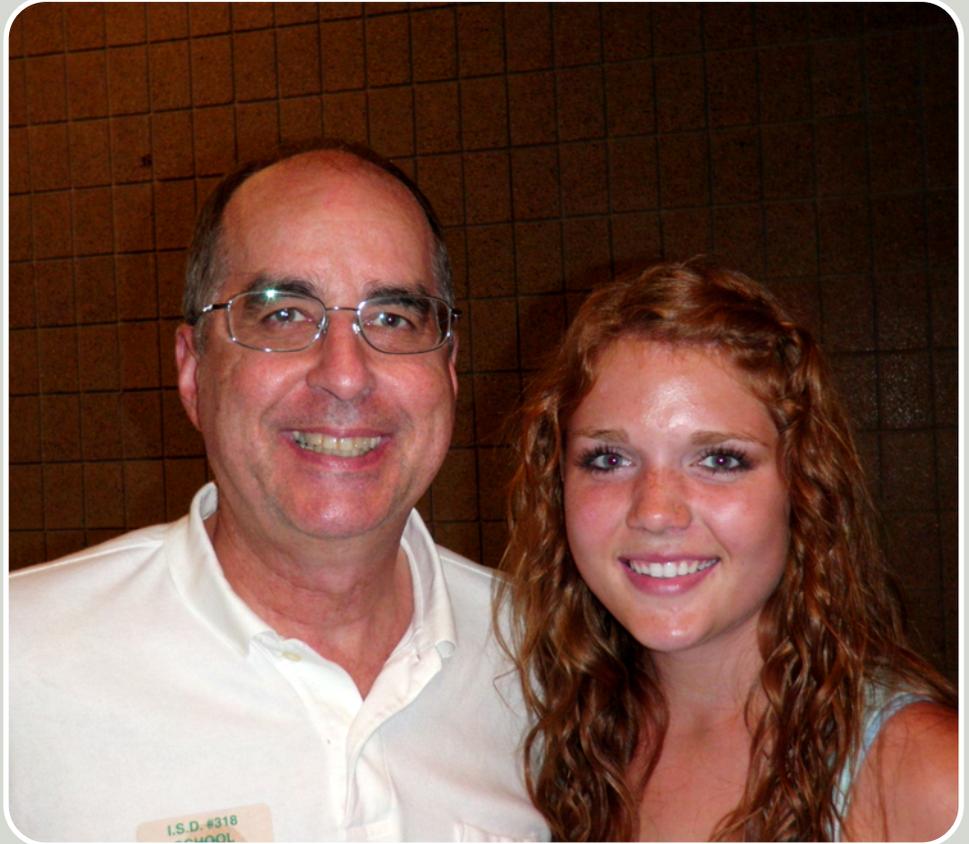
All you need are some t-shirts, some water, and a freezer. First soak the t-shirts in water, fold them, and place them in a freezer. Then the day of your event, take them out just before and have people race to put them on. This is a fun event for everyone.

Snow Sculpture Contest

Have each class create a snow sculpture and then give awards out to the most creative and best looking.

Dance Theme

For your snow week dance, have a theme of "Fire and Ice". Decorate one half like snow and ice and the other like fire and tropics.



State President - Kristen Emmons

Hello everyone! My name is Kristen Emmons and I am your 2009-2010 MASC President. I ran for this position because I believe that ultimately we have the opportunity to make this time at state, our division levels, and at our student councils what we want. I want to take full advantage of the opportunities that we have and share ideas that spark a new energy in our schools. I am a senior at Mounds View High School, where I serve as Co-President of our student council. I am also a part of National Honor Society, golf team, and Mustang Mentors. In my spare time I'm very involved with my church, hanging out with all of my friends, running long distances, watching college football, and reading up on the fashion industry. My favorite food is delicious cold strawberries, and my favorite TV show is Project Runway. I hope to meet you at various conferences very soon!

Advisor - Mike Coty

I am excited to be a part of this executive board, even if I am just Kristen's advisor. I work as the Instructional Strategies Facilitator at Mounds View High School, where I have been fortunate enough to have worked at for over 30 years. In addition to my regular position, I am the student council advisor, junior class advisor, senior class advisor, Mustang Mentor advisor, and high school teacher mentor. Staying busy seems to keep me young, at least at heart. I have two adult daughters, who are off making something of their lives. My main hobbies are student council and home repair. I know this will be an exciting year for MASC and I look forward to working with the state officers.



State Vice-President- Zach Keller

Hi, my name is Zach Keller. I'm currently a senior at Medford High School and I am also your 2009-2010 MASC vice-president. I ran for vice-president because I love student council and wanted to become more involved on a higher level. Along with being president in my student council, I participate in cross-country, wrestling, baseball, band, choir, and I'm also a member of the National Honor Society. When I have free time I enjoy hunting, fishing, camping, hanging out with friends, and playing sports, especially wrestling with my 2 younger brothers. My favorite color is green and my favorite food is spaghetti. I plan on attending a four-year college or university, although I haven't decided where yet, and pursuing a degree in mathematics.

Advisor- Jerome Johannes

I am Jerome Johannes, Zach's advisor. I'm very excited for this upcoming year at MASC. This is my first time having an MASC executive committee member. Along with teaching American Studies, Psychology, Sociology, and Government at Medford High School, where I have worked at for the last 7 years, I am also the head football coach, assistant track coach, member of the high school site team, teacher representative of the athletic advisory committee, and of course, student council advisor. I'm married to Jessica and I have a son, Cain, who is 2 1/2 years old. In my spare time I enjoy watching sports and spending time with my family. I know this will be a great year for MASC and I'm looking forward to everything.

HOLIDAY FUN

Try these fun ideas during the upcoming holidays

Pumpkin Pass

Make 2 lines with about 20 people facing the same direction. Then pass a pumpkin between them but here's the catch- the first person must pass it over their head and the the second person must pass it between their legs. Alternate all the way down and back to see who wins.

Turkey Bowling

All you need for this is a frozen 10 pound turkey from a grocery store and some bowling pins. Set the pins up about 25 feet away. Then, bowl the frozen turkey down the lane and knock over as many pins as you can. Give out candy to the people who bowl a strike and a special prize for those who get a turkey (3 strikes in a row).

Holiday Bingo

Hand out bingo cards to students. Call out a couple numbers each hour until someone gets a bingo. Whoever wins then has to run down to the office singing "Jingle Bells" at the top of their lungs to receive their prize.

SERVICE IDEAS

Here are some great service ideas for the upcoming year

Breast Cancer Walk

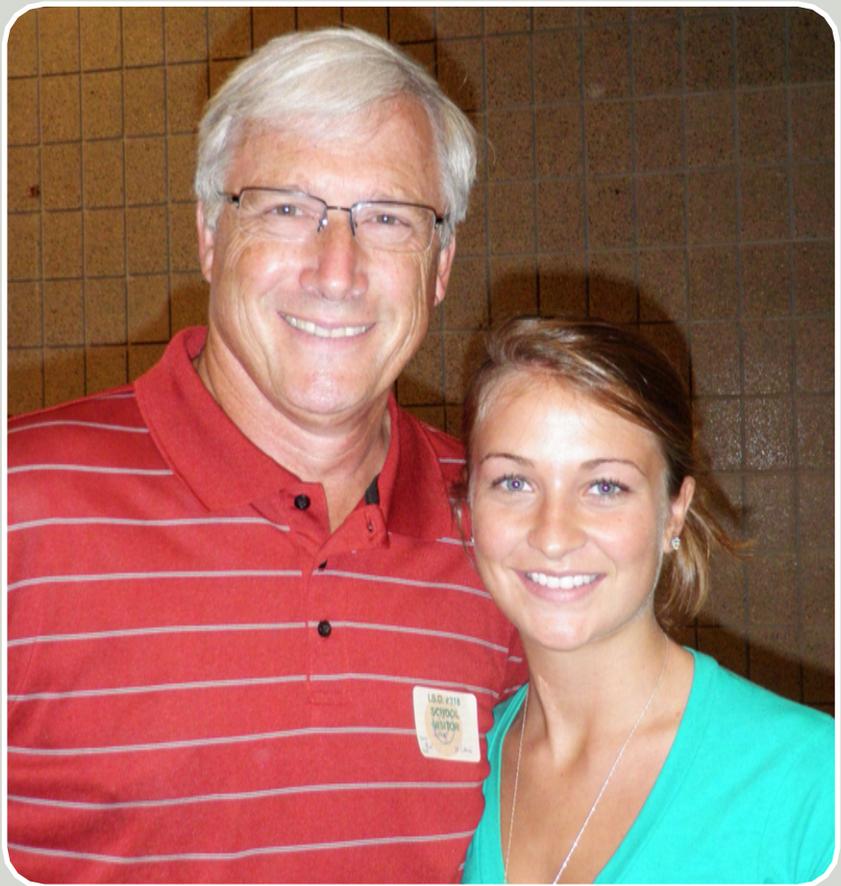
Stage a walk in your community to help support breast cancer awareness. Information is available from the Susan G. Komen foundation.

Halloween Carnival

Hold a Halloween carnival for elementary kids and make the admission a non-perishable food item or a monetary donation to your local food shelf. This is a great community event that is fun for the kids and helps support a good cause.

Walk to End Hunger

This charity event is sponsored by the United Way and will be held at the Mall of America on November 26, 2009 from 7a.m.-10a.m. Visit www.walktoendhunger.org to sign up or pledge support. Give back before giving thanks.



State Secretary- Cari Browne

My name is Cari Browne and I am a senior at Orono High School. I am currently your MASC Secretary. I ran for secretary because in my opinion the secretary is the back bone to the executive committee. My love of leading began in middle school and continues to grow. I am the public representative for my school's student council and I'm also involved in a program called Character Counts, which promotes good character in our community. I love playing lacrosse and watching the Minnesota Wild. I am the youngest of five children and I'm comfortable meeting new people. I am hoping to attend the University of Minnesota-Twin Cities and begin my journey to become an emergency room doctor.

Advisor- Doug Erickson

As the proud advisor of state secretary, Cari Browne, I am excited about the upcoming MASC year. I have been involved with MASC since my first state convention in 1986. I have been fortunate to have a number of students serve on the executive committee throughout the years. In addition to my duties as student senate advisor, I teach half time at Orono High School. During the winter, I am the JV women's basketball coach. After being the varsity coach for over 20 years, I thoroughly enjoy the low key vibe of the JV. In the spring, I am the boys' varsity golf coach. We have won the AA state title the last two years, and with 5 of the 6 starters returning there are high expectations. I am married to Sally, a retired third grade teacher, and have two kids: John-27 and Susie-31. I know, real creative with the names. Susie is married and has a 2 year old named Peter DOUGLAS Gray. I love being a grandpa. We just finished a successful homecoming week and are busy planning another great year at OHS.



Check It Out!!

The MASC website now has a place to post great ideas on the events you've done. Just go to www.massp.org and click on "MASC". Then under the "Professional Development" tab, go to "Idea Share", then click on "Ideas that Work". Finally, scroll down to MASC. From here you can look up ideas that other schools have done by selecting a category and then clicking "find". If you want to post an article, click on "post" and fill out the information on the next page. This is a great resource and I know that the executive committee and I are very excited about this. So please check this out and post your best homecoming event or events. This is brand new and we don't have a post yet so be the first to post your "Ideas that Work".

State Convention Co-Coordinator- Ian Godfrey

Hey everyone! I'm Ian Godfrey; Co-coordinator alongside Gabby Menges for the 2010 MASC State Convention being held at Grand Rapids High School where I am a senior. I hold the public relations seat on the GRHS executive board along with Vice-President of the senior class. Outside of student council and classwork, I am the manager (and a bass) in the a cappella choir, a percussionist in the marching and symphonic bands, representative to the local school board, and most recently, manager of the varsity football team after having to leave soccer due to knee problems. I also work at the local DQ. Any spare time is spent with friends and family. After high school, I plan to pursue a major in broadcast journalism; and should the opportunity arise, I would like to run for political office. Until then, let this be a great year!

State Convention Co-Coordinator- Gabby Menges

Hi! I'm Gabby Menges and I am currently a student at Grand Rapids High school. I am one of your 2009-2010 state co-coordinators. I am looking forward to seeing a lot of you at the state convention this spring. I am President of my student council, and also am involved in programs throughout my community. You can find me most often listening to my Ipod and eating Mac n' Cheese (only the best food ever). I enjoy hanging out with my friends and family. My favorite color is yellow; also skittles and purple Gatorade are two of my favorite things in the world. I plan on attending a four year college in the fall of 2010 and pursuing a degree in Psychology. Hope to see you all at state in April!

Advisor- Brad Hyduke

Hello, my name is Brad Hyduke and I am Ian and Gabby's advisor. I teach American & European History to 10th & 12th grade students, coach girl's hockey, serve on the technology committee as the GRHS webmaster, and of course student council. I also teach Anthropology and Economics online. I enjoy reading, traveling, playing and watching sports, landscaping, fishing, and spending time with family... Thank you sir!

Your Attitude Determines Your Altitude



NASC 2009!

This year 60 members of the Minnesota delegation traveled out to the NASC conference, "Leadership with an Altitude", in Denver, Colorado. It was a blast! Highlights included speakers, such as Alvin Law, a trip to Six Flags, a tour of University of Colorado-Boulder, T-shirt trading, networking, and much more! It was an unforgettable experience!

State Advisor- Sue Iverson

Welcome to the start of another school year! My name is Sue Iverson, and I am your MASC State Advisor. As State Advisor, I have the pleasure of working with the students you elect to represent you on the MASC Executive Board. We spend the year planning the State Convention as well as other state-wide student council events. When I am not at MASC, I am a teacher and student council advisor at Wayzata High School.

As State Advisor, I also get to travel with the MN delegation to the NASC National Conference each summer. This past June, 60 students from MN attended the conference in Highlands Ranch, Colorado. It was a great conference with 4 days full of speakers, leadership training, and idea sharing. Next year we will travel to Indiana for another fun adventure, so keep your eyes open for National's information in future newsletters. We would love to have you join us!

In November, we will be meeting at Arrowwod Resort for our annual President's Forum. All student council officers from across MN are encouraged to attend for a day of leadership training and idea sharing. I hope to see you there!

TELL ME MORE

Here's a little background information on some important events coming up

Division Presidents' Meeting/ Presidents' Forum & Officer's Training

On November 15th the Division Presidents will meet with the MASC executive committee at Arrowwood Resort to discuss the state service project, and the MASC state convention, hot topics, and an outlook on the upcoming year.

The Presidents' Forum will occur on the following day, November 16th, at Arrowwood Resort. Honor Society and Student Council Presidents and officers will get a chance to network, exchange ideas, learn leadership skills, and discuss other important topics. Our leadership speaker this year is Joe Cavanaugh. He is a great speaker and will make this a great event. It's not too late to register for this event. Forms are available on the MASC website and are due by November 9th, 2009. We hope to see you there to network and have a great time.

LEAD Conferences

This year the LEAD Conferences will be held in Washington D.C., Chicago, and Phoenix. Almost like a mini-nationals, they are great conferences to attend. They feature nationally known speakers and are a great opportunity to network. They are also very affordable and as of right now all you have to do is pay for registration and provide your own transportation to the conference. If interested, more information is available at www.nasc.us.

Go to "conferences", then "LEAD". These are great conferences and you will have a blast if you attend.

MASC State Convention Update

This year's MASC State Convention is being hosted in Grand Rapids, MN, at Grand Rapids High School. Your executive committee already has some awesome ideas to make this the best state convention ever.

The theme for the convention is "Survivor Northwoods: Leadership by Nature". Following the "Survivor" theme, we will have divisions as tribes, where they will receive division bandanas, decorate their division flag, and decorate their tiki torch. The convention will also be complete with immunity challenges, tribal councils (general sessions), and an awesome bonfire activity night.

Divisions are also asked to create a division shirt with their assigned color. You will find out your color at the President's Forum or you can e-mail one of your executive board members. Be creative with your shirt ideas because you will be able to trade t-shirts with people from other divisions.

This state convention will be a great experience and it will be action-packed throughout. The executive committee can't wait to see you in Grand Rapids for a fantastic MASC State Convention.

State Service Project

The MASC state service project this year is "Support Our Survivors". The objective is to

choose a type survivor of some type of hardship (cancer, natural disaster, homeless shelter, food shelf, etc.) and find a way to support them in any way possible. For example, host a walk-a-thon in your community to support breast cancer or have a food drive in your school. Throughout the year, donations of money, food, service hours, etc., will be reported to the MASC office so we can present the results of all MASC participants for the 2009-2010 school year. We would also showcase all of our efforts at the state convention with a "Survivors Walk of Service", where schools will be encouraged to present their service project to the delegates in attendance. We strongly suggest a multi-media presentation (power point, video, animoto.com, etc.) Be creative and help join the effort to "Support Our Survivors".

MASC Goals

The MASC executive committee has set the following goals for the 2009-2010 year.

- 1) We want to increase the membership of MASC schools by improving communication and personal relations.
- 2) We want to increase attendance at the MASC State Convention in Grand Rapids, MN by promoting it well and getting people excited about it.
- 3) We want to increase the networking between divisions to make things more festive and exciting.

End Note

Well, this concludes the first MASC newsletter of the year. I hope you enjoyed it and are excited about an awesome year of student council fun. I know the executive committee and I are very excited and can't wait to meet many of you at the various conferences coming up, including the MASC State Convention. Until next time, have a great year.

Remember:

- Check out the "Ideas that Work" on the MASC website and post your own
- Take a look at the dates and get pumped for the MASC State Convention

Questions or Comments?

If you have any questions or comments about the newsletter or have an article that you'd like to be in the newsletter, feel free to contact me at zkeller@myclearwave.net.

MASC NEWSLETTER

Zach Keller
MASC Vice-President
Medford High School
750 2nd St. SE
Medford, MN 55049