

# MASC NEWSLETTER

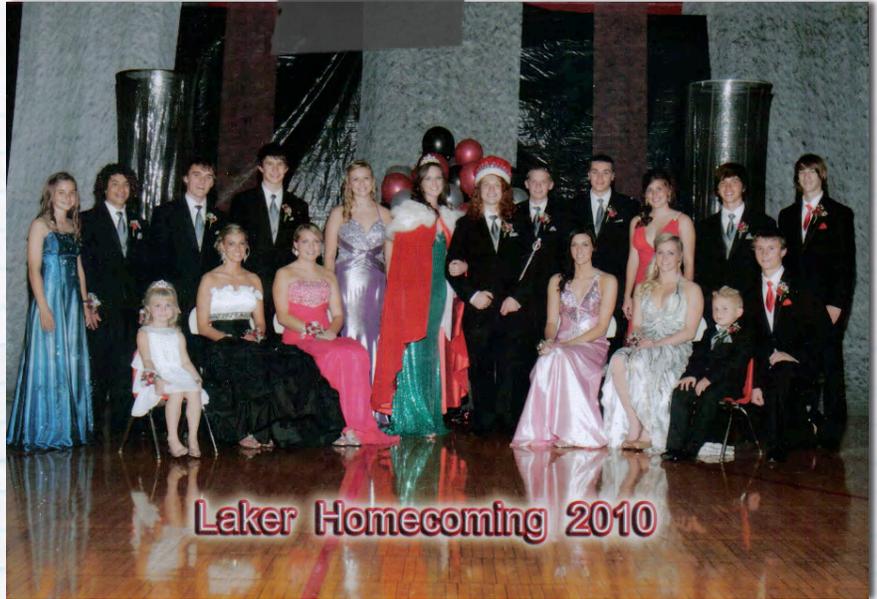
NOVEMBER HOMECOMING EDITION

## Homecoming 2010!

School has started, homework had been assigned, and the leaves are falling. Autumn is a busy time for all students, but especially student councils. Homecoming is usually a big event in a typical student council calendar. So this edition of the MASC newsletter will be devoted to recapping schools that had successful festivities and sharing fun ideas that could potentially work in your school.

Hopefully most of you previewed our last edition and have gotten to meet your state officers. They are extremely excited to get to work and plan all the year's activities! In this edition you meet your state advisor, Sue Iverson, and the MASSP Director of Student Leadership, Ann Postlewaite. These two hard working people are what make MASC what it is. With their efforts, the Executive members stay in check and our MASC events come to fruition.

So sit back, relax and enjoy this edition of the MASC Newsletter!



## A word from our Prez!

Hello Everyone!  
This school year is off and started, and time is flying! The MASC board has many great goals for this year, and we are excited to share them with you! Hopefully many of you attended the President's Forum / Officer Training on November 15th to meet the executive committee and learn more about your leadership skills. In addition, we hope every school across the state

can participate in our state service project this year! We also hope to see you all at the State Convention in Walker where we will be Jammin' to Leadership! Until then, keep up the great leadership in your schools!

Emma Hellevik

## REMEMBER THESE IMPORTANT DATES!

On November 15th, 283 student leaders met at Arrowwood Resort for leadership training with Patrick Maurer. Student leaders in national honor society and student council had the opportunity to idea share and network with each other. The State Service Projects for both student council and national honor society were shared with all in attendance. It is going to be a great year for MASC!! Join us . . .



**STATE CONVENTION-** The yearly highlight of MASC. This is the gathering that has been a year in the making. This year's theme "Jammin' to Leadership" will bring excitement as Walker hosts this spring's convention. April 9-11, 2011



**STAR LEADERS CONFERENCE-** The national conference jointly sponsored by NHS and NASC. This year the conference will be held in St. Louis Missouri. June 25-28, 2011. More information will be coming soon.

## Spirit Mobile!

Have students decorate their vehicles and the ones with the most school spirit can be driven in your school's homecoming parade or displayed in the front row of your parking lot!

## Parade of Schools!

Show off your royalty and school spirit by arranging pep fests at each of the schools in your district. Bus your cheerleaders, pep band, captains, and club leaders to your elementary and middle schools to show younger students what they can look forward to!



## Crowning!

Mix up the ways in which you crown your royalty. Instead of just running around with a crown above their heads, try incorporating new ideas. Like giving each a box with a balloon in it, and the winner's balloon rises as it is the only one filled with helium. Or use flashlights with only one of them working. You could also give each a cell phone and have one of the winner's phone called.

## Dress Up Days!

- Back-In-Time Day
- Toga Day
- Mix-it-Up Day
- Twin Day
- Prep vs. Punk
- Super Hero Day
- Elderly Day

## Spirit Rewards!

Reward your most spirited students (determined perhaps most spirited dressed) by providing them with the best seats for the homecoming game. Find a couch and place it in the end zone and let them enjoy the game from there. Throw in a pizza to really make them happy! If this isn't possible, your council could reserve your best parking spots for the most spirited dressers of the week!

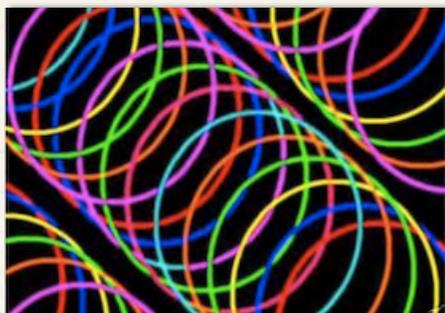
## Pep Fests!

Get your students involved by letting them compete against other grades in spirit games. Some ideas include:

- Elephant March
- Duck tape contest (to wall)
- Mega Musical Chairs
- Dizzy Mummy
- Banana Pass
- Partner Mousetrap

If any of these sound interesting, email Jon Melgaard for a detailed description of the games!

## ALSO TRY THESE COOL CROWNING IDEAS!



**Glow Sticks-** After the votes are tabulated, give each candidate a glow stick and have them crack it during coronation. All but one of the glow sticks will have been cracked prior, so the one that glows wins!



**Silly String-** Empty each can of silly string except for the winning can before coronation. Then strategically give the winner a can that still has silly string in it!



**Air Horns-** Use the same format as the preceding examples and have only one air horn that still works and give that one to the winner.

## Get involved with an American Red Cross program that can earn your Student Council scholarship money and help save lives

What can your student council do that has a meaningful impact on peoples' lives? It's simple and easy – organize a Red Cross blood drive at your school. What's more, you and your classmates can earn scholarship money for your school through the Young Minds Change Lives Scholarship Program.

The Red Cross is the largest provider of blood products and specialized laboratory services in Minnesota and across the country. As a volunteer-based organization, the Red Cross partners with organizations and institutions in our communities to host the blood drives that ensure a safe and adequate blood supply for patients in need.

Almost everyone knows someone who has needed blood. Someone like Kendra.

Twin Cities resident Kendra Dudek was 15 years old when she was diagnosed with acute myelogenous leukemia (AML), a blood and bone marrow cancer. To help sustain aggressive treatment, Kendra needed 66 blood and platelet transfusions. "I wouldn't be here today without the help of generous donors," she says. "You don't know what a difference it makes." Kendra is now cancer-free. She thanks volunteer blood drive coordinators and donors who helped save her life and encourages teens to get involved.

Your Student Council can help patients like Kendra. Premature babies, cancer patients, accident and burn victims, patients with ongoing conditions such as sickle cell and hemophilia all need blood transfusions – many on a regular basis. Every two seconds a patient in the United States needs a blood transfusion.

Minnesota youth activist and Red Cross board member 18-year-old Joe Gibson (right) tells students, "As a teen, I often feel I am limited in my options to be involved with larger organizations. The Red Cross is unique in that it values my skills in hosting blood drives and my time

donating blood, regardless of my age. All you need to be involved with the Red Cross is a desire to give back and change lives."

The Red Cross will support your Student Council every step of the way. A Red Cross representative will show you how to:

1. Educate classmates about the constant need for blood and the importance of regular blood donation.
2. Provide an opportunity for students at your school to participate in blood drive coordination – even students who aren't eligible to give blood can help with recruitment, publicity and blood drive staffing.
3. Give eligible students a chance to donate blood – many for the first time.

Added benefits for Student Council members and classmates:

1. You can participate in the Young Minds Change Lives Scholarship Program and earn money for student scholarships at your school.
2. You and your classmates can earn points or log hours for community service projects and incentives that may already be in place at your school.
3. Your participation in high school blood drives can enhance your resumes, internship and college applications. The Red Cross is a well-respected humanitarian organization with more than 125 years providing lifesaving services in your community and across the globe. Many colleges, universities and businesses see Red Cross volunteerism as an entrance or hiring plus.



The Red Cross is also committed to providing the safest possible donation experience for you and your classmates. In 2009, the Red Cross introduced new height and weight requirements for high school age students as part of a safety initiative to reduce young donor reactions and offer the best possible donation experience for high school donors.

If your high school is one of the hundreds of schools in Minnesota that already hosts Red Cross blood drives – thank you! You and your classmates are helping to save patients' lives. Please let your Red Cross representative know if your school would like to add another drive to your calendar. If your school is not currently hosting Red Cross blood drives, please consider adding one to your calendar.

Your Student Council can make an impact locally, regionally and nationally by hosting Red Cross blood drives. To learn more about the Young Minds Change Lives Scholarship Program or to set up a blood drive, please contact Doug Winter at 651-290-8922 or 1-800-426-2146 ext. 8922 or email [winterd@usa.redcross.org](mailto:winterd@usa.redcross.org) to set up an appointment. You can also visit [redcrossblood.org](http://redcrossblood.org) to learn more about the Red Cross and the lifesaving act of blood donation.

Connect with other Red Crossers on the Red Cross Youth Blog ([redcrossyouth.org](http://redcrossyouth.org)), Facebook ([facebook.com/redcrossblood](https://facebook.com/redcrossblood)), Red Cross Chat ([redcrosschat.org](http://redcrosschat.org)), Flickr ([flickr.com/photos/Americanredcross](https://flickr.com/photos/Americanredcross)), Twitter ([twitter.com/redcross](https://twitter.com/redcross)) and share your story of how you're involved with the Red Cross.

The need is constant. The gratification is instant. Give blood.



# Meet Our Leaders



**Sue Iverson**

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Welcome to a new school year, MASC! I am Sue Iverson, your MASC State Advisor. I work with the executive committee to help plan MASC events and the State Convention. I am also the student council advisor and a teacher at Wayzata High School. I enjoyed traveling with the Minnesota delegation to the National Conference in Indianapolis this past June. It was a great event and the kids from Minnesota represented all of you with tons of spirit. The executive board came home from the conference with a lot of great new ideas to share with all of you. So, be sure to stay involved with MASC throughout the year and you won't be disappointed!



**Ann Postlewaite**

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Hello MASC! I hope everyone is off to a great start of their school year. From the discussions at the Division President's meeting and leadership workshops and Division meetings, I know that we have incredible activities that are going being planned by student councils around the state. I am excited for a new year with a great executive committee. They have been busy planning and working on a great State Convention for all of you to attend. I was a student council advisor for 19 years so I have first hand experience with all of the planning and preparation that goes into all of your outstanding events. I wish you continued success throughout the year!

## How to network and get ideas!

1. Newsletter
2. MASC Website
3. MASC Idea-Share
4. NASC Website
5. Division Meetings
6. Emails
7. Facebook
8. Texting
9. President's Forum
10. State Convention

### FROM THE EDITOR

Hello MASC! I am really excited for this year! The school year is on a roll for everyone! Remember I am always looking for ideas to include into this newsletter so don't forget to contact me! I want to hear what you have to say! Use my contact information below!

I can't wait to see many of you at our upcoming events!

Thanks!

-Jonathan Melgaard

### MASC CONTACT INFO

[www.massp.org/masc.html](http://www.massp.org/masc.html)

Ann Postlewaite- Director of Student Leadership

Sue Iverson- State Advisor

### OFFICER INFO

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Vice President Jonathan Melgaard

Secretary **Sophia Sodhi**

Co-Coordinators Megan Parks

Jana Stewart